

Newsletter

Blue Hills College

Where Christian Values Matter

3 November 2016

Calendar

- **Mini Book Fair**
4—6 Nov
- **Working Bee**
6 Nov
- **Remembrance Day**
11 Nov
- **Girls BYO Camp**
11—13 Nov
- **Year 12 Formal**
16 Nov
- **Japanese Excursion Yr 8**
24 Nov
- **Carols Night**
27 Nov
- **Speech Night**
Primary & Secondary
30 Nov
- **Year 7-10 Revision**
1 Dec
- **Year 7-10 Exams**
2 Dec—7 Dec

Dear Parents/Guardians & Students

As a science teacher, I find nature fascinating. We all know that when humans and other mammals freeze, it results in frostbite or death, but God has given some species of snakes and frogs, which live in very cold climates, the ability to survive being frozen! This capacity is not fully understood but is achieved by two possible mechanisms. One is called “freezing tolerance” where the body is able to survive freezing and the destructive ice formation in tissue cells followed by thawing. This is very rare. The other more common condition is “freeze avoidance” or “supercooling.” In this process, the body contains substances such as glycerol which acts like a natural antifreeze and prevents ice formation in tissue cells.

For instance, below frozen lakes and ponds, painted turtles can stay submerged and motionless for as long as three months, but they never actually freeze. It’s still a mystery how they can survive in this state of suspended animation for so long with zero blood oxygen! Humans, by contrast, begin to suffer irreversible nerve damage if oxygen to the brain is cut off for more than four minutes. Freezing will kill many cold-blooded species. But there are some amphibians and reptiles that hibernate at or near the soil surface where temperatures can drop substantially below the freezing point of their body fluids. These creatures have the amazing ability to endure the freezing of water in extracellular body compartments. In fact, among some frogs, as much as 65% of their total body water may be converted to ice. In this state, they can survive days or weeks of sub-zero conditions. When the spring thaw comes, the spark of life activates their muscles and they appear to return to life as if resurrected.

Since God can design cells that survive freezing, it’s easier to believe He can order the molecules of a dead body to be reconstituted. Millions find it difficult to believe in the resurrection. But if you know the power of God in your own life, if you have experienced His re-creative power in your heart, you will be convinced that He truly is the giver of life.



Mr Carel Neuhoff (Principal)

Primary School News

Show Day—Primary Choir

The Primary choir were able to perform 2 songs at the Lismore Show. They sang beautifully and we were very proud of them.



Rewards Day—Year 5

Year 5 enjoyed their rewards afternoon on Monday, October 31. The primary school has a competition every term to see which class has the most students who read every night of the week. In term 3 the Year 5 class was the winning class and were able to spend the afternoon at the Goonellabah Sports and Aquatic Centre, swimming and having fun on the waterslide. Well Done Year 5.



Show Day—Primary

All of the Primary students had the opportunity to attend the annual Lismore show on Thursday, 20 October. The weather was great and the students had a wonderful time looking at all of the exhibits - everything from cattle to emergency services, lego competitions, a circus, making our own smoothies by peddling really hard on bicycles and lots of really cool looking chooks! We can't wait to do it again next year.



Malachi Para Athlete

Congratulations!
once again

State All Schools
Athletics

Bronze in Shot Put

Silver in Discus



Secondary School News

Year 6 to & Year 7 Transition Day

Year 6 Transition Days

Wednesday 26 October and 2 November

It can be daunting for a Primary School student to visit the High School, but Blue Hills College made that transition easy, entertaining and exciting. We had 27 students visiting us from our Primary School and also other Primary Schools in the area. Students got the chance to get to know the teachers, but also, the teachers got a bit of a taste of what next year will bring!

The students had the opportunity to learn more about the different subjects, like Bible, Wood Technology, Mathematics, History/Geography, English Computing and Science. However, I think most of them enjoyed making pancakes, painting Koy fish in Art, doing a Science experiment and playing Sport with the other High School Students. We are impressed as a staff with the calibre of students in Year 6 and are looking forward to Year 7 next year.



Year 10 Banquet

The Year 10 Banquet was held last Thursday night and by all accounts the students and parents had a great time. Events like these build a sense of community and a deeper understanding of families and students that make Blue Hills College special. Thanks to Heather Kingston and the team that prepared the food and waited on the Year 10 students and their families.



The CRACKIN' CANCER COMPASSIONATE FUND proudly present

HEALTH CARE'S GOT TALENT

An afternoon of Family Friendly Entertainment featuring a host of our local Health Care Employees & Providers

Guest M.C. - Lismore Base Hospital's own MARK NASH

2.00 pm Sunday
November 6th, 2016
BLUE HILLS COLLEGE
(Blue Hills Avenue, Goonellabah)

Adults \$10 Children \$5

Jumping Castle available for the children
Afternoon tea and cold beverages available

Event Inquiries: Marshall 0411 840 797
 Patrick 0437 026 874

SPECIAL THANKS TO OUR SUPPORTERS OF THIS EVENT:
George and Fuhrmann Real Estate Bangalow - Donation of the Jumping Castle
Blue Hills College - Provision of the venue & equipment
Our many volunteers who give of themselves in support of the fund

General School News

Working Bee—6 November

Sunday Morning, 6 November - Blue Hills College Working Bee. Get your gardening gloves out and your shovel, rake and overalls. Its time for a Spring working bee at the school. Our Charity Baskets are starting to fill up.



Charity Baskets

Thank you to those families who have already donated non-perishable grocery items. These baskets are very much appreciated by the clients of the women's refuge 'Hope Haven' in Ballina. We will be collecting items right up until our Christmas Carols Concert when we will hand them over to a representative from Hope Haven. Thank you for your generosity!



Fee Statements

Due to the increase in postage costs at the beginning of the year, we are planning to commence emailing Fee Statements to all families beginning Term 1 2017. We will be forwarding a letter to all families shortly to request an email address be supplied that Fee Statements and other relevant information can be emailed to, and we would greatly appreciate your assistance in helping us to collect this information.

LOST PROPERTY

PARENTS PLEASE NOTE: Could you please check your child's hat, jumper etc and make sure they have their names on them, as well as checking their bags to see if they have picked up another student's item by mistake.



There are a lot of unnamed garments/items in the lost property box. If these garments/items are not claimed, they will be put in to the second hand stock for resale or donated to the Op Shop.

PLEASE if your child has lost any items please come and have a look (as some are brand new) before it is too late.

Canteen

BHC Canteen now has a range of Home Ice Creams for sale. Prices start from \$1-00 - \$ 2-30 .

Please check our Facebook page for regular reminders and lots of photos!! Please 'Like' our FB page!!

Prayer List

At Blue Hills College, we believe in the power of prayer. Please contact us if you would like to share specific prayer requests with our staff. We ask you to join us in praying for specific individuals, both students and staff.

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." (Phil 4:6-7, MSG)

7 Nov	Rhianna Lawton Isabella Lovegrove	14 Nov	Naomi Smith Max Somerville
8 Nov	Kaine Manwarring Matthew Nielsen-Sonda	15 Nov	Murphy Tinworth Luke Blanch
9 Nov	Hannah Oldfield Anastasia Papadopoulos	16 Nov	Ava Brunton Michael Bull
10 Nov	Clancy Pratt Tobias Radburn	17 Nov	Hannah Cappe Maxwell Contojohn
11 Nov	Reuben Robinson William Saunders	18 Nov	Kira Cook Byron Coombs
Staff	Cleaning Staff Maintenance Staff	Staff	Canteen Staff Home & School

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