

Newsletter

Blue Hills College

Where Christian Values Matter

1 September 2016

Calendar

- **HSC Trial Exams**
26 Aug—2 Sept
- **Father's Day Stall**
1 September
- **Primary Father's Day Program**
2 September
- **FATHER'S DAY**
4 September
- **PUPIL FREE DAY**
5 September
- **NCIS Netball/ Tennis**
6 September
- **Preliminary Assessment Free Period**
9 Sept—15 Sept
- **Preliminary Final Exams**
16 Sept—23 Sept
- **Yr 9 & 10 Work Experience**
19 Sept—23 Sept
- **Last day of**

Dear Parents/Guardians & Students

Mr Carel Neuhoff is away this week on the Year 9/10 Wild West Excursion and I am sure they are having a fabulous time! In his absence, I just want to mention a few important events in our School Calendar year as we are speeding towards the end of this term.

The **Year 12** Trial exams are finishing off this Friday. They only have three more weeks of school/ classes left over. This is a stressful time in any person's life, so parents, let's work together to make the best use of the three weeks that is left over in order to support them and best prepare them for their final exams.

The **Year 11** students are getting close to their final year, with exams starting on 16 September till the last day of term, 23 September. With only two more weeks of classes, they should really put the shoulder to the wheel, pull out all stops and give it their best shot. This is excellent experience in preparation for their HSC.

The **Year 9 & 10** students, coming back from their Wild West Excursion, will only have two more weeks of school before their week of Work Experience. This is a great opportunity for our students to get a real taste of the world out there. Parents, please make sure that the paper-work is all done and handed in at school to Mr Darko as time is running out. Please make sure you contact the school if you have any concerns or questions about this week. We want to wish them all well and hope they will enjoy the experience.

The **Year 7 & 8** students don't have an exam this term. They just need to stay focused and work hard in order to do well in their assessments. The last day of school is coming quickly on 23 September.

Just a reminder for all our readers, that we have a **Pupil Free Day** on Monday, 5 September. Due to BOSTES regulations, all teachers need to take part in an ongoing training program every year of teaching. At Blue Hills College, we will be focusing on technology and incorporating more technology in our classrooms on that day.

I wish you all a wonderful but also a prosperous three weeks before the holidays!

Eben de Witt (Academic Coordinator)

**MONDAY, 5 SEPTEMBER
PUPIL FREE DAY**



**KEEP CALM
AND
REMEMBER
PUPIL FREE
DAY**

Primary School News

Hillside Reading

To celebrate National Book Week, the Primary School participated in Hillside Reading throughout last week. Each afternoon, after lunch, the students were given a buddy to read with in the sun. Sometimes the older buddy read while the younger buddy listened and sometimes it was the other way around. It was delightful to watch all the students working together and enjoying the time together with a good book.



NCIS—Athletics

NCIS Athletics - The kids had a great day out at Coffs Harbour yesterday. Some great efforts and some good results.



Lismore Church Service

On 13 August, Blue Hills College had the privilege of taking the church service at the Lismore Seventh-Day Adventist Church.

The students did a wonderful job being involved in the program, which was themed on God's mercy and unconditional love based on the story of the Prodigal Son in Luke 15:11-32.

Thank you to all the students and teachers for your contribution and to the families and Lismore church for your continued support.



National Cross Country Championships

Congratulations again to Malachi Canning. This time he competed at the National Cross Country Championships in Canberra on 19—22 August 2016.

Malachi finished 3rd in his Time Trial Event and 6th in his 2km Event.



Secondary School News

Survivor Camp 101

We survived!!! Hanging around the campfire, oral hygiene, building beach shelters and finding beach mars bars, you don't need an axe for Pippies Nick, tent nightmares and how to catch flying marshmallows - all important skills and issues when you trying to survive in South Ballina.



SCU Head-Start Program

SCU Head-Start provides an opportunity for Year 11 and 12 students (HSC or QCE) to gain direct entry and advanced standing into a variety of courses offered at Southern Cross University. Free from university fees, the program offers you the chance to gain a taste of university life, stimulate your interest in academic pursuits and enhance your educational performance and long term aspirations.

The program has been designed for students who have the academic capability to succeed at university. Applicants will be selected on merit, based on their academic performance, a personal statement and the recommendation of their Principal.

A typical three year university degree requires you to complete 24 units of study. These units are usually comprised of core units and elective units. Through Head-Start you will have the choice to study one of four units. These units have been selected as they can be used as core units or elective units within a large number of courses offered by Southern Cross University. The options for study in 2017 are: Biology, Communication in Organisations, Processes and Philosophy of Engineering and Visual Design and Communication.

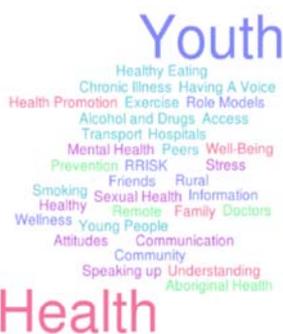
Registrations for Head-Start 2017 are open from 1 May 2016 until 9 October 2016

If you require further details please contact our Head-Start Project Officer via email on headstart@scu.edu.au.

YOUTH HEALTH CONSULTATION

ARE 12 TO 24 YEARS OF AGE?

WE WOULD LIKE TO HEAR FROM YOU



EXPRESSIONS OF INTEREST ARE BEING SOUGHT FROM A DIVERSE RANGE OF NORTHERN NSW YOUNG PEOPLE TO TELL US ABOUT THEIR EXPERIENCES AND VIEWS IN RELATION TO HEALTH - THIS INFORMATION WILL BE PROVIDED TO NSW HEALTH TO INFORM YOUTH HEALTH POLICY

WHERE AND WHEN Thursday 22 September 2016 9.30 am to 3.30 pm Ballina Surf Club – assistance with Transport available and lunch provided (a short electronic survey may also be available for those unable to attend.)

REGISTER YOUR INTEREST TO ATTEND OR TO RECEIVE ELECTRONIC SURVEY AT: <https://www.surveymonkey.com/r/NorthernNSWYouth> further information email murray.spriggs@ncahs.health.nsw.gov.au



Nutrition Snippet

The simplest way

...to answer fruit & veg FAQs.

Can we eat more fruit to make up for not eating five serves of veg?



This is a frequently asked question from parents in *Eat It To Beat It* sessions and workshops.

The answer is no. Fruit and veg contain different combinations of vitamins and minerals, which is why there are different recommendations for each.

For more FAQs on fruit, veg, meat and dairy go to the "for parents" section of our website eatittobeatit.com.au.

In the meantime, just remember that the simplest way to ensure you and your family are getting the dietary nutrients you need is to eat a rainbow of different coloured fruit and veg every day!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



General School News

Divorce Care for Kids



DIVORCE CARE FOR KIDS

Begins : on Thursday, 1 September
for 13 weeks (not including the holidays)

Where : Blue Hills College

Year 3 classroom

Time : 6pm till 7:30 pm

(includes pizza for tea)

Cost : Free

RSVP: to

Allison Parkinson

aparkinson@bluehills.nsw.edu.au

By 25 August if you are interested

Piano Lessons

Students can access piano lessons at school. Ms Lisa Pirlo (AMusA, LMusA, TMusA) an excellent tutor with 20 years experience offer lessons at a reasonable fee of \$30 per half hour on Tues & Wed during school hours. Please contact Mrs Pirlo directly on 0434997371 if you are interested.

LOST PROPERTY

PARENTS PLEASE NOTE: Could you please check your child's hat, jumper etc and make sure they have their names on them, as well as checking their bags to see if they have picked up another students item by mistake. There are a lot of unnamed garments/items in the lost property box. If these garments/items are not claimed, they will be put in to the second hand stock for resale or donated to the Op Shop.

Deposit—Year 3 & 4 Excursion

A deposit payment of \$50 is now due and payable for all Year 3 & 4 Students who will be attending the excursion to Australia Zoo, Underwater World and the Brisbane Science Museum on 12 & 13 October 2016. Please note that the permission slip needs to be completed and returned with your payment. The balance is then due to be paid in full by Monday 19 September 2016.

Bank Account Details for Direct Deposit are:-

BSB: 032-539 Account: 22-7539

(please ensure you leave student's name and description as a payment reference)

Please check our Facebook page for regular reminders and lots of photos!! Please 'Like' our FB page!!

Prayer List

At Blue Hills College, we believe in the power of prayer. Please contact us if you would like to share specific prayer requests with our staff. We ask you to join us in praying for specific individuals, both students and staff.

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." *(Phil 4:6-7, MSG)*

5 Sep	PUPIL FREE DAY	12 Sep	Samuel Haig Brook Harrison
6 Sep	Eva Scott Jonathon Smith	13 Sep	Toby Lynch Lilly Pankhurst
7 Sep	Ash Aczel Amelia Battese	14 Sep	Keely Pischke William Pratt
8 Sep	Lara Carvalho Therese Cochrane	15 Sep	Tully Radburn Noah Rapmund
9 Sep	Oliver Compton MaryJane Geaghan	16 Sep	Sebastian Scott Abbey Tickner
Staff	Hayden Ward Julie Jackson	Staff	Rebecca Fuggle Sherree Merritt

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